



## VELA SIGNATURE EXPERIENCES

### ROMANTIC ESCAPE

2.5 hrs | 2,800,000++ per couple

*60-minute Balinese massage | 30-minute body scrub | 30-minute body mask | 30-minute facial*

This romantic couple's experience is designed to gently reawaken your skin, whilst refreshing and revitalising your state of being. The treatment begins with a foot bath ritual, paving the way to complete relaxation. A complete body scrub and body mask is next, to exfoliate and soften the skin. Then a 60-minute Balinese massage to remove remaining tension, followed by a refreshing facial to complete this sublime experience.

### BALI BLISS

120 min | 1,300,000++

*60-minute Balinese massage with lemongrass essential oil | 30-minute jasmine body scrub | 30-minute frangipani body mask*

A relaxing traditional Balinese treatment with fragrant tropical oils, spices and flowers to refresh and reset your body & mind. This treatment aims to promote restfulness by releasing tension, stimulating circulation for rejuvenation of tired skin and muscles, and easing the body and mind into a state of deep relaxation.

### BODY GLOW

90 min | 1,100,000++

*60-minute-deep tissue massage with lavender oil | 30-minute facial to cleanse, extract and moisturise with wild honey*

The perfect treatment to refresh and rejuvenate your body and face, to ensure you are relaxed and glowing for your Bali holiday.

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### DEEP CLEANSING FACIAL

60 min | 950,000++

This facial is ideal for both men and women to deeply cleanse, tone + moisturise.

## MASSAGE

### BALINESE MASSAGE

60 min | 800,000++

90 min | 1,100,000++

This ancient Balinese healing therapy combines gentle stretching, long strokes and skin rolling, with palm and thumb pressure to unravel the deepest stress and improve blood flow. This treatment works to rejuvenate energy in the body, relax stiff muscles and improve skin elasticity.

### DEEP TISSUE MASSAGE

60 min | 850,000++

90 min | 1,150,000++

This deep tissue massage starts with lighter pressure to warm up your muscles before working deeper. Targeted pressure is applied with forearms, elbows and thumbs, gliding along muscle contours to release stress and chronic muscle tension.

### PREGNANCY MASSAGE

60 min | 1,000,000++

A gentle treatment with all-natural Balinese essential oils to help provide relief from the physical stresses of pregnancy, cramps, postural discomfort and back pain.

### HOT STONE MASSAGE

60 min | 800,000++

90 min | 1,100,000++

This massage works to deeply relax muscles, releasing stress held within the body using heated river stones. It improves poor circulation, rheumatic and arthritic conditions, back pain, stress, anxiety, tension, and insomnia.

### BACK, NECK AND SHOULDER MASSAGE

30 min | 450,000++

A combination of Balinese and deep tissue technique help to relieve tightness in the back, neck and shoulder area.

### BALINESE BOREH

90 min | 1,100,000++

A traditional Balinese treatment to soothe muscular and joint discomfort. A full body massage followed by a full body mask made with clove, ginger, turmeric, pepper, cinnamon and sandalwood. Works to heal and warm tired muscles and also improve blood circulation.

### FOOT MASSAGE

30 min | 400,000++

60 min | 800,000++

This treatment includes a luxurious foot bath in aromatic oil to soothe tired feet, followed by relaxing foot massage.

### AFTER-SUN SOOTHER

60 min | 800,000++

This treatment brings instant relief and intensive moisture to dry, sensitive or sun burnt skin. Includes a 45 minute gentle relaxing massage followed by application of a moisturizing aloe vera body gel to reduce inflammation and relieve sunburn.