



Amertha Wellness

MYSTICAL REBIRTH

Tirta Amertha Rebirth is a mystical Balinese wellness program inspired by sacred purification rituals, combining the healing power of Tirta (holy water) and Amertha (immortality) to guide individuals through a profound self-renewal journey. Rooted in ancient Balinese wisdom, this program blends Sudamala cleansing ceremonies, breathwork, energy healing, and sound therapy to release past burdens and awaken the soul's true essence. Set in a tranquil sanctuary surrounded by nature, Tirta Amertha Rebirth offers a transformative experience, reconnecting the body, mind, and spirit with the divine flow of life.

Therapeutic - Spiritual

EARTH EMBRACE - 90 minutes **IDR 2,500,000 per person**

A sacred fusion of nature's energy, Reiki healing, yoga massage, and herbal elixirs to restore balance and awaken your inner vitality. Feel the flow of Prana through guided movement experience deep relaxation with therapeutic touch, and nourish your soul with ancient herbal remedies. Surrender, rejuvenate & realign in.

Silent Steps | Reiki | Yoga Massage | Mystic Brew

KUNDALINI RISE - 90 minutes **IDR 2,100,000 per person**

A sacred fusion of breathwork, Kundalini activation, soothing face & head massage, and herbal elixirs to awaken your energy, calm the mind, and restore your inner glow. Breathe deeply, release tension, and step into a state of pure radiance and renewal.

Breathwork | Kundalini Yoga | Shirashodhana | Energetic Essence

PUJA WELLNESS - 150 minutes **IDR 3,100,000 per person**

A harmonious blend of Energy Diagnostics, Kundalini Massage, Healing Bowl Therapy, and the refreshing Cool Bliss Cucumber Facial. Designed to awaken your inner vitality, this treatment clears energy blockages, restores balance, and leaves your skin glowing and your spirit deeply renewed. Discover true relaxation and healing in one powerful, holistic session.

Energy Diagnostic | Healing Bowl | Kundalini Massage | Cool Bliss Cucumber Facial

MOKSHA - 60 minutes **IDR 2,000,000 per person**

Restore strength with Muscle Rejuvenation, find balance in Soulful Sound Therapy, and unwind in a Peaceful Retreat Bath. Complete your journey with Wedang Uwuh Tea, a soothing elixir for inner harmony. Replenish, relax, and radiate peace.

Muscle Rejuvenation | Soul Healing | Peaceful Retreat Bath

ATMAN - 60 minutes
IDR 1,500,000 per person

Revitalize your mind, body, and spirit with Wellness Fusion the perfect balance of Grounded Freshness Tea, Qi Serenity, Asana Yoga, and Vitality Reborn Drink. Refresh, restore, and renew with every sip, breath, and movement.

Grounded Freshness | Qi Serenity | Asana Yoga | Vitality Reborn

RAHAYU SPIRITUAL - 60 minutes
IDR 1,100,000 per person

Immerse yourself in pure tranquility with Whisper Bath, Calming Mantra, and Mantra Sukma. Let soothing whispers cleanse your senses, gentle mantras calm your mind, and deep serenity awaken your soul. Breathe in peace, exhale stress—embrace the art of true relaxation.

Whisper Bath | Calming Mantra | Mantra Sukma Gift

Soul Cleansing - Spiritual

NOCTARA'S WHISPER - 60 minutes
IDR 2,500,000 per person

A experience a transformative journey with our guru through a holistic consultation that combines energy reading, healing purification, and Muktidaya reflection. Align your mind, body, and spirit as you receive deep insights and revitalizing energy, guiding you toward clarity, balance, and inner peace.

Holistic Consultation | Spiritual Healing | Sandikala Melukat | Muktidaya

SACRED MOONFIRE RELEASE - 60 minutes
IDR 2,500,000 per person

Embark on a profound journey of transformation with our holistic consultation, where sacred fire rebirth ignites renewal, healing purification cleanses the spirit, and Whispering Wave Nidra guides you into deep serenity. Reconnect with your true essence.

Holistic Consultation | Sacred Fire Rebirth | Candra Sewana Melukat | Whispering Wave Nidra

SUDAMALA MELUKAT (GROUP) - 90 minutes **IDR 500,000 per person (min 6 pax | max 10 Pax)**

Sunrise or sunset symbolizing new beginnings or transformation. With the sacred water of life, we bless this name. May it be spoken with honor, carried with grace, and shine brightly upon your path

Chanting Permission | Grounding Cleansing | Renewal Recharging | Final Prayer

TELAGA YOGA (GROUP) - 90 minutes **IDR 500,000 per person (min 6 pax | max 10 Pax)**

In this sacred circle of sound, we open our hearts to the healing vibrations of the universe. May the sacred sound guide us home to wholeness. Shanti, Shanti, Shanti

Breath Awareness | Padma Yoga | Cooling Down & Final Relaxation

AQUA YOGA (GROUP) - 90 minutes **IDR 500,000 per person (min 6 pax | max 10 Pax)**

Fluid like water grounded like the ocean and open like the sky like water
I move with ease, I am calm, I am free.

DHARMA WACANA SPIRITUAL GURU - 45/60 minutes **IDR 800,000/1000,000 per person**

With eyes that see beyond and a heart rooted in ancient wisdom, Guru Bagus is the guiding light of our sacred space. Born into a lineage of Balinese healers and trained in the mystical arts of energy alignment, mantra, and ancestral rituals, he brings clarity where there is confusion and peace where there is unrest.

A session with him is not simply guidance—it is a soul remembrance. Step into his presence, and awaken the sacred within you.

Palm Reading | Tarot Reading | Numerology | Private Yoga | Reiki

CATUR WEDHA - 60 minutes **IDR 1,500,000 per couple**

Sacred Balinese pre-wedding ritual for purity, blessings, and harmony. Through holy water, ancestral offerings, and the Tridatu thread, the bride is spiritually welcomed into her new family, ensuring a blessed and prosperous union.

Presenting Permission | Cleansing with Bell | Purification Water Tirta | Prayer Tridatu Blessing

Therapeutic

TAKSU MASSAGE - 60/90 minutes **IDR 1,500,000/2,100,000 per person**

Experience deep renewal with our Re- Set Ritual, where the sacred touch of Taksu massage restores vitality, and detoxifying tea cleanses from within. A harmonious blend of rejuvenation, balance, and inner clarity.

Foot Cleansing | Taksu Massage | Herbal Detox Tea

MIGHTY HANDS THERAPY - 60/90 minutes **IDR 1,500,000/2,100,000 per person**

Immerse yourself in renewal with our Re-Set Ritual, where Mighty Hands Therapy restores strength and balance, while herbal tea nurtures and detoxifies from within. A perfect fusion of healing, vitality, and inner harmony.

Foot Cleansing | Myghty Hands Therapy Massage | Herbal Detox Tea

HOT STONES MASSAGE - 60/90 minutes **IDR 1,500,000/2,100,000 per person**

Melt away stress and awaken your senses with our Hot Stones Massage—a deeply soothing journey where warm, smooth stones glide over your body, unlocking tension and restoring harmony. Each stone carries the earth's ancient heat, melting muscle knots and energizing your spirit. It's more than relaxation—it's a ritual of renewal. Reignite your inner calm today.

Foot Cleansing | Hot Stones Massage | Herbal Detox Tea

WINDFLOW STRETCH THERAPY - 60/90 minutes **IDR 1,500,000/2,100,000 per person**

Embrace deep renewal with our Re-Set Ritual, where Windflow Therapy restores energetic balance, and herbal tea nurtures from within. A soothing blend of cleansing, harmony, and revitalization.

Foot Cleansing | Windflow Stretch Massage | Herbal Detox Tea

RENEWAL RITUAL - 60/90 minutes **IDR 1,700,000/2,500,000 per person**

Experience profound renewal with our Re-Set Ritual, where Kundalini Massage awakens inner energy, and herbal tea purifies and restores. A harmonious fusion of vitality, balance, and deep rejuvenation.

Foot Cleansing | Kundalini Massage | Herbal Detox Tea

SERENE DREAM - 60/90 minutes **IDR 1,500,000/2,100,000 per person**

Indulge in deep renewal with our Re-Set Ritual, where the Serene Dream Massage melts away tension, and herbal tea nurtures and restores from within. A perfect blend of relaxation, balance, and inner harmony.

Foot Cleansing | Serene Dream Massage | Herbal Detox Tea

DANDA MASSAGE - 30/45 minutes **IDR 750,000/1,250,000 per person**

Restores harmony between body, mind, and spirit. It awakens Taksu (divine energy), allowing Prana (life force) to flow freely along the spine, the body's sacred pillar.

Foot Cleansing | Danda Massage | Herbal Detox Tea

PIJAT COKOR - 30/45 minutes **IDR 750,000/1,250,000 per person**

Stimulating reflex points on the feet, it enhances energy, sleep, and overall balance. This sacred practice also promotes deep relaxation and inner harmony.

Foot Cleansing | Pijat Cokor Massage | Herbal Detox Tea

TIRTA SUKSMA FACIAL - 60 minutes **IDR 1,700,000 per person**

Inspired by the sacred purification rituals of Bali, the Tirta Sukma Facial is a deep-cleansing experience that channels the essence of rejuvenation and inner balance. Using traditional Balinese botanicals and gentle detoxifying techniques, this treatment purifies pores, removes impurities, and restores your natural radiance—leaving your skin as luminous and serene as the island's morning light.

Foot Cleansing | Tirta Sukma Facial | Herbal Detox Tea

BAYU MANAH - 75 minutes **IDR 2,300,000 per person**

Experience the ultimate relaxation with a reset ritual that soothes the senses, a lulling massage that melts away tension, and an aloe cooling body mask that refreshes and rejuvenates your skin.

Foot Cleansing | Serene Dream Massage | Aloe Serenity Mask | Herbal Detox Tea

BHUMIANKANA - 120 minutes **IDR 3,000,000 per person**

Immerse yourself in tranquility with a rejuvenating reset ritual, followed by the deep healing of a Taksu massage. Let the warmth of the sacred spice body treatment awaken your senses before indulging in the nourishing embrace of a Nyuh Bali body mask.

Foot Cleansing | Taksu Massage | Spice Boreh Scrub | Nyuh Bali Mask | Herbal Detox Tea

CINTA SUNDARA - 150 minutes **IDR 5,500,000 per couple**

Indulge in a blissful reset ritual, followed by the delicate touch of a romance scrub to awaken your skin. Choose from a selection of soothing massages to melt away tension, then complete your journey with an express facial for a radiant, refreshed glow.

Foot Cleansing | Romance Scrub | Massage Selection | Express Facial | Herbal Detox Tea



Guru Ji Bagus, born Ida Bagus Surya in Denpasar, Bali, is the second-generation founder of the Surya Chandra Buana foundation, which promotes spiritual healing talents among Balinese people.

Coming from a family of traditional dancers, healers, and a holy priest, Guru Ji Bagus began learning "chi" at age 10 from his father. By 20, he was deeply involved in traditional healing, spirituality, and yoga.

He has worked as a wellness practitioner in hotels across Bali, Turkey, and the UAE, focusing on active and spiritual healing practices.